



American Board of Psychiatry and Neurology, Inc.

A Member Board of the American Board of Medical Specialties (ABMS)

Frequently Asked Questions about Self-Assessment (SA) CME credits

How many Self-Assessment (SA) CME credits are required for the CC Program?

The ABPN recently updated its Self-Assessment CME (SA-CME) requirements for the Continuing Certification (CC) Program. As of now, the requirement is changed from the former 24 SA-CME credits to 16 SA-CME credits per 3-year CC Program block.

What are the ways to fulfill the new SA-CME requirement?

Diplomates successfully completing the Article-Based Continuing Certification (ABCC) pathway in a 3-year CC block will continue to have fulfilled the requirement for 16 SA-CME credits — which now means that they will have fulfilled all their SA-CME credit requirements for that block.

Diplomates in the CC Examination pathway will still need to fulfill the requirement of 16 SA-CME credits per 3-year block by SA-CME credit-bearing activities, such as the many offered by professional societies and other educational organizations. The requirement also may continue to be met through the other activities accepted (e.g., peer-reviewed publication, submission of a peer-reviewed grant), as described [here](#).

What about 'regular' CME, is that still required?

Yes, all diplomates will still need to obtain 90 category 1 CME credits per 3-year block.

Why is the ABPN changing its SA-CME requirement?

The ABPN board continues to recognize the importance of ongoing external feedback informing diplomates' lifelong learning. As we have gained experience with the ABCC pathway, we have learned that the ABCC article exams provide considerable and valuable feedback sufficient for the purposes of continuing certification. These new changes streamline our CC requirements for all diplomates while maintaining their rigor and value.

When does the change to the SA-CME requirement start?

The new requirement takes effect as of this year, i.e., in 2025.

When will the change be reflected in the Physician Portal and on the ABPN website?

The Physician Portal and the ABPN website will include all updates by the end of June.