



**American Board of Psychiatry and Neurology, Inc.**

A Member Board of the American Board of Medical Specialties (ABMS)

## **ABPN Quarterly Update for Diplomates**

June 2, 2026

### **June 2026 Quarterly Update Topics**

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**Reminder: Complete ABCC Article Exams and Continuing Certification (CC) Program Activities**



All Continuing Certification (CC) Program requirements are represented in the Physician Portal in ongoing three-year blocks based on your year of board certification/recertification. Your personalized progress in CME, Self-Assessment-CME, Performance in Practice (PIP) modules, and article exams can be viewed in your [Physician Portal](#).

***Don't delay finishing CC activities and article exams.*** We encourage diplomates to plan ahead and reserve enough time to complete all article exams and activities. Diplomates with active CC certificates in the 2024-2026 three-year block need to successfully complete article exams by **December 31, 2026**, to have them count in lieu of your next scheduled CC examination. *This deadline will not be extended.*

If you do not successfully complete the article exams by the due date in your Physician Portal, or if you are enrolled in the exam pathway rather than the Article-Based Continuing Certification (ABCC) Pathway, you will need to pass the CC exam by your exam due date shown in your Physician Portal in order to maintain certification. For questions about CC program requirements, email [questions@abpn.org](mailto:questions@abpn.org) or call 847-229-6512.

Continuing Certification (CC) activity credit (CME, Self-Assessment CME, PIP, and ABCC article exams) must be obtained within the designated time frame of a diplomate's current three-year CC cycle. **Reminder:** Successful completion of the ABCC article exams for each 3-year CC block fulfills the 16 SA-CME credits requirement for that block.

Board certification status is contingent on meeting all CC requirements, which are largely grouped into three-year CC cycles, as outlined in the [graphic](#) below.

## American Board of Psychiatry and Neurology Continuing Certification



\*Must be a full, active, unrestricted US state/territory or Canadian medical license  
\* Successful completion of ABCC every three-year CC cycle meets the Self-Assessment-CME requirement  
\* One-time Patient Safety activity required for first Continuing Certification block only  
\* All ABPN-administered subspecialty certifications, except for Child & Adolescent Psychiatry, require maintaining primary specialty certification

### ABCC Article Exam Sharing Policy and Use of AI

While diplomates are welcome to discuss articles from the Article-Based Continuing Certification (ABCC) Pathway in a journal club or similar format, discussing the questions and answers of an exam is strictly prohibited by ABPN policies. Diplomates are required to complete exams independently. The ABPN prohibits consulting other people on the content of exam questions, sharing the questions or their answers, or discussing the questions in a group setting. This prohibition also precludes using 'answer keys' prepared by others or using artificial intelligence (AI) to answer the questions.

While it is not prohibited to use AI tools (for example, ChatGPT or other generative AI models) to read or summarize articles in general, using AI to generate, assist with, or inform responses to article exam questions is strictly prohibited. Please be aware that some software (e.g., Adobe Reader) may by default automatically use AI to generate responses when word searching a document; diplomates are responsible for disabling such features to ensure that AI is not used, even inadvertently, to help answer the examination questions.

Please remember that the ABCC article exams are an ABPN CC assessment, done in lieu of the traditional secure proctored CC exam. Therefore, violations of the above prohibitions would constitute irregular behavior (i.e., cheating) and accordingly be subject to disciplinary action by the ABPN. Before taking each article exam, diplomates must attest that they have not shared or discussed the questions or answers with others or used AI tools to answer the questions. When violations have been brought to the ABPN's attention, they have been investigated and, if a violation has

occurred, disciplinary action has been taken in accord with the ABPN policy on [irregular behavior](#).

## ABPN Test Development Committee Open Applications Process

The ABPN continues its year-round open [applications process](#) for test development committees in our primary specialties and subspecialties. In each field there are separate committees for certification and ABCC examinations. Candidates for committee membership must be certified in the applicable field by the ABPN, actively participate in ABPN Continuing Certification (CC) with timely adherence to CC requirements in the ABPN Physician Portal, and have **at least three years of clinical experience post-training in their specialty and, if applicable, in their subspecialty**.

Applications are reviewed once annually in the summer. In reviewing applications, the ABPN considers multiple aspects including, but not limited to, factors such as subspecialty or other specific expertise, practice type and work setting, geographic distribution, and other experiences that would foster the work of the committees.

## ABPN Grant Awards Applications Due July 27th, 2026

[Applications](#) for the 2027-2028 ABPN Faculty Innovation in Education Award and the 2027-2028 ABPN Dorthea Juul, PhD, Education Research Award have been available since March 2026. The submission deadline for these grant awards is July 27, 2026. The ABPN has established these awards to support the development of academic leaders in psychiatry and neurology.

The ABPN Faculty Innovation in Education Award is intended to support the development of innovative education and/or evaluation projects that promote effective residency/fellowship training or lifelong learning of practicing psychiatrists and neurologists.

The ABPN Dorthea Juul, PhD, Education Research Award supports research projects that deepen our understanding of the development, maintenance, and assessment of competence in psychiatry and neurology.

Please see the [applications](#) page for more information about these awards, including the required qualifications and the types of projects.

## ABPN Issues 2025 Annual Report

The ABPN issued its [2025 Annual Report](#) in April. The report is typically released at that time in order to contain complete data about the prior year's examinations. The 16-page report includes examination results and

statistics, committee and presentation lists, and board member honors and awards.



## ABPN Spotlight On ...

The ABPN's *Spotlight On ...* will periodically cover how the ABPN's mission relates to those of other educational, medical, and professional organizations, as illustrated in this [chart of the regulatory landscape](#) for U.S. physician education, training, and practice. In this issue, we will look at the [American Board of Medical Specialties \(ABMS\)](#).

Established in 1933, the ABMS establishes and maintains standards of excellence for its member medical specialty boards. Currently the ABMS represents 24 certifying boards and the approximately one million physicians certified by those boards. As an ABMS member board, the ABPN's certifications benefit from the recognition and credibility of the ABMS' rigorous standards.



American Board  
of Medical Specialties

Higher standards. Better care.®

Read the full [Spotlight On ... here](#).

## 2026/2027 Exam Schedule

The [ABPN exam schedule](#) for 2027 is available online. ABPN offers both Spring and Fall exam dates for select CC recertification exams to give diplomates more choices within a given year.

## Sleep Medicine Longitudinal Knowledge Assessment (LKA) Enrollment Now Open Through November 15, 2026

ABIM has permanently extended the LKA enrollment deadline from June 30 to November 15. All currently certified ABPN Sleep Medicine diplomates *who wish to join the LKA* must **register their ABIM account and enroll in the LKA by November 15, 2026**, regardless of when their most recent exam or assessment was passed to avoid needing to take the Sleep Medicine CC exam every 10 years.

We recommend that diplomates still enroll as early as possible to allow ample time to complete the quarter's questions and fully benefit from the LKA's flexibility. Please note that enrolling later in the year means less

flexibility during the five-year LKA cycle. Participants receive 30 questions each quarter, and unanswered questions expire at the end of each quarter. Over the full five-year cycle, participants are permitted to leave up to 100 of the 600 total questions unopened.

Failure to begin the LKA by the *absolute* deadline of November 15, 2026, will result in ineligibility for the LKA at this time, *requiring you to take the 10-year traditional Sleep Medicine CC exam by the 'Assessment Due' year listed in your individual [ABPN Physician Portal](#), before becoming eligible to join the LKA again.* **Exceptions to this policy *cannot* be made for any reason.**

Diplomates with questions about the LKA enrollment should contact ABIM directly.

## ABEM Now Offering Assessment for Emergency Behavioral Health Focused Practice Designation

The American Board of Emergency Medicine (ABEM) is now offering the first assessment for the Emergency Behavioral Health Focused Practice Designation (EBH FPD). ABEM uses an innovative portfolio-based assessment method for initial FPD recognition, rather than a high-stakes examination.

Physicians certified in psychiatry by the ABPN or certified by ABEM or by the American Board of Pediatrics, who have substantial experience providing direct care or supervising the care of behavioral health patients in emergency settings, can apply to ABEM as of June 1, 2026.

[www.abpn.org](http://www.abpn.org)  
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