



Spotlight On Monique M. Jones, MD, Portland, OR

Dr. Jones is Assistant Professor, Department of Psychiatry, and Executive Director of the Avel Gordly Center for Healing at Oregon Health & Science University, Portland OR.

What do you enjoy the most about serving on an ABPN committee?

I appreciate being able to work with Addiction psychiatrists from across the United States. The committee provides a collegial environment to learn from one another about clinical practice in different environments and regions.

What do you hope to accomplish while serving on the ABPN committee?

By serving on the Addiction Psychiatry committee, I hope to bring my unique perspective from my own lived experiences to the ABPN. Additionally, I want to ensure that a trauma-informed, culturally responsive lens is incorporated into the board.

What should people know about ABPN committees and how committee work relates to the Board?

Each committee has members who are experts in their particular subspecialties. With the contribution of each committee, the knowledge base of the board overall is broadened.

Why is the patient perspective important to you and how does that connect to your work on the committee?

A patient's perspective is important to me because I want patients to feel empowered in their own health care not only for their participation, but also for improving health care outcomes. I believe that patients better understand what directly impacts them and can illuminate things that may not be within the awareness of health care professionals.

On the committee, I use a trauma-informed, culturally responsive lens to discuss how upstream decisions made have intended and unintended effects on patients.



Did you have a mentor that affected your career journey?

Yes. As a college student, I had a wonderful opportunity to participate in a summer internship at Yale University and was mentored by Dr. Hilary Blumberg. I shadowed her in her psychiatric practice and started doing research with her during that summer.

After graduating from college, I was accepted into the Yale Post-baccalaureate Research Education Program (Yale PREP) where I was able to continue doing research with Dr. Blumberg for 3 years. She was instrumental in cementing my interest in psychiatry and having a career in academia.

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