



American Board of Psychiatry and Neurology, Inc.

A Member Board of the American Board of Medical Specialties (ABMS)

ABPN Quarterly Update for Diplomates

March 6, 2024

March 2024 Quarterly Update Topics

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CEO videos: How to *Not* Peak at the End of Training: Lifelong Learning and ABPN Certification

ABPN President and CEO Dr. Jeffrey Lyness recorded [two brief videos](#) as an educational offering for trainees and training program directors that can act as springboards for group discussion about lifelong learning, including the challenges and rewards of maintaining and developing one's specialty or subspecialty expertise in the years after completing formal training.

The videos focus on how to continue professional development after completing residency or fellowship training, and how specialty board certification fits into the landscape of lifelong learning. Physicians in practice also may find these videos useful to inform self-reflection or group discussions about lifelong learning in the context of ongoing careers.

ABCC Article Exam Sharing Policy

While diplomates are welcome to discuss the articles in a journal club or similar format, discussing the questions and answers of an exam is strictly prohibited by the ABPN and would be considered irregular behavior according to ABPN's policies.

Diplomates are required to complete exams independently. The ABPN prohibits consulting other people on the content of exam questions, sharing the questions or their answers, or discussing the questions in a group setting. This prohibition also precludes using 'answer keys' prepared by others or artificial intelligence applications to answer the questions. All of these approaches would constitute [irregular behavior](#) (i.e. cheating) and would accordingly be subject to action by the ABPN. Before taking each article exam, diplomates are asked to attest that they have not shared or discussed the questions or answers.

2024 Deadline for Continuing Certification (CC) Article Exams

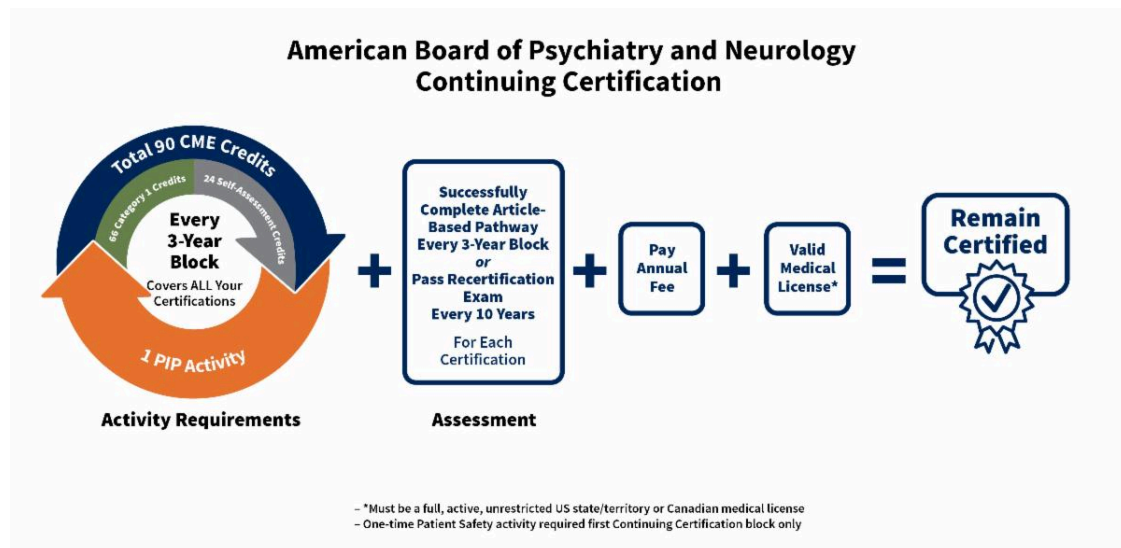
All Continuing Certification (CC) Program requirements are represented in the Physician Portal in ongoing three-year blocks based on your year of board certification/recertification. Personalized CME, Self-Assessment, PIP, and article exam progress can be viewed in the [Physician Portal](#).

Diplomates with active CC certificates in the 2022-2024 three-year block need to successfully complete article exams by **December 15, 2024**, to have them count in lieu of your next scheduled recertification examination. Diplomates with either activities or assessments due at the end of 2024 recently received

an email reminder directing them to their Physician Portal to see what requirements remain for them.

The CC program is an ongoing process, so board certification does not have a specific end date. Board certification status is contingent on meeting all CC requirements, which are largely grouped into three-year CC cycles, as outlined in the graphic below.

If you do not successfully complete the article exams by the due date in your Physician Portal, or if you are enrolled in the exam pathway rather than the ABCC pathway, you will need to pass the traditional CC/recertification exam by your exam due date shown in your Physician Portal in order to maintain certification. For those who successfully participate in ABCC from 2022-2024, the ABPN will waive 16 out of the 24 Self-Assessment (SA) CME credits for the current 3-year block at the end of 2024. For questions about CC program requirements, email questions@abpn.org or call 847-229-6512.



ABCC Article Lists Available

As requested by many diplomates, Article-Based Continuing Certification (ABCC) Pathway articles are available as a [curated reading list on our website](#), regardless of specialty or participation in the ABCC pathway.

NDD Credentialing Requirements Change

Before submitting an application for certification in neurodevelopmental disabilities, an applicant must be certified by the ABPN in neurology with special qualification in child neurology by December 31st of the year prior to the examination administration. Beginning in 2024, there is no longer an ABPN requirement to be certified by the American Board of Pediatrics. At their discretion and their program's discretion, applicants may or may not have

chosen to do pediatrics rotations that make them eligible for certification in pediatrics.

New Finance FAQs

The ABPN recently posted a [new Frequently Asked Questions document](#) that is intended to convey general information about how the ABPN manages its finances.

March 1 Annual Reverification Date of Certification for Credentialers

The ABPN recognizes that some entities, e.g., hospital medical staff offices, may still require a certification end date to complete verification. To assist in this process, we encourage credentialers [to utilize an annual reverification date of March 1 in any given year](#). Please note, this date is not necessarily reflective of individual CC requirements, nor does it indicate certification or CC cycle end dates.

ABPN Spotlight On

The ABPN's Spotlight On showcases various ABPN stakeholders and provides a personal look at directors, committee members, and diplomates. You'll get to learn more about the people who help the ABPN carry out its mission.

In the latest [Spotlight On](#), the ABPN talks with [Drs. Aatif M. Husain](#), and [Shilpa Srinivasan](#), who each serve on ABPN committees. Some highlights from the Spotlight On include:

Aatif M. Husain, MD, is Professor, Department of Neurology, and Chief of the Division of Epilepsy, Sleep and Clinical Neurophysiology at Duke University Medical Center, Durham, NC.



Why did you want to join an ABPN committee?

It is an honor to be asked to serve on an ABPN committee. The ABPN serves an incredibly important function by assessing competence of neurologists and psychiatrists. The instruments used for these assessments are developed by various committees. Read [Dr. Husain's full Spotlight On here](#).

Shilpa Srinivasan, MD, is Vice Chair, Medical Staff Affairs, Behavioral Health Midlands at Prisma Health – University of South Carolina School of Medicine, Columbia, SC.

What do you want to achieve with the ABPN?

Serving on the ABPN Geriatric Psychiatry exam committee has been a tremendous professional learning and career advancement opportunity which has simultaneously empowered me in my role as a clinician educator. Read [Dr. Srinivasan's full Spotlight On here](#).



ABPN Director Nomination Process Now Open

The ABPN Board has started the annual process of selecting new psychiatry and neurology directors to begin in 2025. There are three methods by which candidates are considered by the ABPN board of directors:

- a) nominations as requested by the ABPN from several professional societies;
- b) nominations by current directors, leading to individual invitations to apply; and
- c) self-nominations from ABPN-certified physicians.

For those considering self-nomination, please request more information about the director positions by sending an initial inquiry to DirectorNominee@abpn.org. While the board will carefully review all candidates, please note that typically a history of ABPN service (such as membership on examination committees) is highly valued among the many types of experience that are helpful to the role.

Visit the ABPN Booth at the AAN and APA Annual Meetings

Have questions about certification? ABPN staff members will be in attendance at the following meetings to assist you with all of your certification inquiries:

- [American Academy of Neurology Annual Meeting](#) on April 13 - 18 in Denver
- [American Psychiatric Association Annual Meeting](#) May 4 - 8 in New York

Diplomates are invited to attend ABPN presentations on certification at both the AAN and APA annual meetings. Learn more about the [AAN presentations](#) and the [APA presentations](#).

2024 ABPN Board of Directors Announced

The ABPN recently announced its 2024 Board of Directors. The Board's term runs through December 2024.



Dr. Steven Lewis was named chair from January through June. Dr. Lewis is the Physician in Chief and Chief of Neurology at the Lehigh Valley Fleming Neuroscience Institute at Lehigh Valley Health Network in Allentown, PA, where he holds the Timothy M. Breidegam Endowed Chair in Neurology. He is also the liaison to the United Council for Neurologic Subspecialties and the American Stroke Association.



Dr. Nina Schor was named chair from July through December. Dr. Schor is currently the Deputy Director for Intramural Research of the National Institutes of Health. For five years, she served as the Deputy Director of the National Institute of Neurological Disorders and Stroke; for 11 years she served as Chair of the Department of Pediatrics at the University of Rochester and Pediatrician-in-Chief of its Golisano Children's Hospital.

Christopher R. Thomas was named Vice Chair. Dr. Thomas is Professor Emeritus of Psychiatry at the University of Texas Medical Branch. He was a Regent of the American College of Psychiatrists in 2019 - 2023 and he is an Associate Editor for the *Journal of Graduate Medical Education*. He was previously Chair of the Accreditation Council for Graduate Medical Education (ACGME) Psychiatry Review Committee and the ACGME Psychiatry Milestones Committee.



2024 Exam Schedule available

The [ABPN exam schedule](#) for 2024 is available online. ABPN offers both Spring and Fall exam dates for select CC recertification exams to give diplomates more choices within a given year.

2025-2026 ABPN Faculty Innovation in Education Award and Dortehea Juul, PhD, Education in Research Award Applications Now Available

Applications for the 2025-2026 [ABPN Faculty Innovation in Education Award](#) and the 2025-2026 [ABPN Dortehea Juul, PhD, Education Research Award](#) are now available. For more information, including previous winners, visit the [ABPN Awards Program](#) page.

Email Security Best Practices - Be Alert About Phishing Emails

Email phishing is a fraudulent way for computer hackers to spoof people into giving up personal data. Hackers send messages that appear legitimate or look like they're from someone you trust so that you engage with the message or click on malicious attachments.

Here are some tips to keep in mind to avoid falling victim to email phishing:

- Double-check that the sender's email address matches who they claim to be
- Don't click a link or download from someone you don't know, or weren't expecting
- Don't reply to a suspicious email or message from an email you don't recognize

The ABPN does not, under any circumstances, contact diplomates directly to request personal or sensitive information via telephone, email, or text messages. This includes, but is not limited to, information such as social security numbers, financial account details, or login credentials. If you have any questions about email sent from ABPN, contact us directly by phone or at questions@abpn.org for verification.

American Board of Psychiatry and Neurology, Inc.

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