



Spotlight On Amy Brooks-Kayal, MD, Sacramento, CA

Dr. Brooks-Kayal is Professor and Chair of Neurology, and the Andrew John Gabor, MD, PhD Presidential Endowed Chair at the University of California, Davis, School of Medicine in Sacramento, CA.

Why did you want to join the ABPN Board?

I have had an interest in education and education policy at all levels throughout my career, and participation on the ABPN Board is an effective way to influence this.

What do you want to achieve with the ABPN Board?

I was particularly excited to help the ABPN transition to a continuing certification program that provided ongoing learning in a format that worked for busy clinical neurologists and was seen to be of benefit to and valued by our diplomates. I think the new Article-Based Continuing Certification program has met these goals, and I look forward to continuing to iterate and improve this program based on diplomate feedback.



What is the most important thing people should understand about the Board?

The Board is made up of diplomates and that is the perspective we bring to Board deliberations and decisions. Our goal is to make the ABPN the most effective and responsive organization it can be for our diplomates.

Why is the patient's perspective important to you and how does that connect to your work on the board?

Patients and families place incredible trust in their physicians and can feel vulnerable as they often don't have the expertise to independently evaluate their physicians' expertise. One of the critically important activities of the ABPN is to assure that patients and families can feel confident that ABPN-certified neurologists and psychiatrists have attained and maintain expertise in their specialty.

Did you have a mentor that affected your career journey?

I have been fortunate to have many mentors who have supported and educated me on different aspects of my career. Two of these mentors had served as ABPN Directors, Drs. Ann Tilton and Pat Crumrine, and their advice and mentorship were critical to my decision to join the ABPN Board.

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