



American Board of Psychiatry and Neurology, Inc.

A Member Board of the American Board of Medical Specialties (ABMS)

Policy for Pregnant and/or Nursing Mothers

The ABPN fully supports medically necessary testing accommodations for our pregnant and nursing candidates. Examinees who are pregnant or nursing at the time of their examination may request 60 minutes of extended break time or a double time examination. Most candidates find that an additional 60 minutes of breaktime more than meets their needs.

In addition to extra break time, nursing mothers may request a private lactation space (which is not a bathroom) with access to an electrical outlet.

To request pregnant / nursing mother accommodations, please complete [this form](#) and email it to questions@abpn.org. Candidates also have the ability to request the accommodations on the examination applications. There may be a delay in scheduling an appointment at a Pearson VUE test center if your request is received later than 90 days prior to the first published administration date of the examination.

Please be aware that refrigeration is not provided. Examinees may bring a cooler if they choose to store breast milk. Children and visitors are not allowed in testing centers for any reason.